

Energy of the Cosmos

—and the 7 Rays

The 7 Rays are esoteric energies, embodied by great Spiritual Beings, that form the basis of psychology, astrology, the spirit—and every aspect of our lives, according to some of our great teachers. Alice Bailey discussed them, in detail, in her channelled works.

But, what does that mean? How do these Rays affect our world and what happens in it? How do they affect us--me? Where are the rays of energy leading us in our evolution? How do we feel them in our personal life? What is our individual soul ray?

These are some of the questions that Josiane D'Hoop, our next speaker, will answer Feb. 3. Josiane, a student of Alice Bailey's work, will describe the Rays and how they affect each of us personally. She will also focus on how the Rays influenced the age of Pisces, which we have just left, the transition period—which we are currently in—and the age of Aquarius, which we are moving into.

Josiane has studied metaphysics for about 20 years. Her healing background includes Reiki, hypnotherapy, NLP, shamanic journeying, remote viewing, and body scanning (which some call medical intuition).

"As we heal ourselves, we heal our planet and participate in the advancement of the greater Whole," she says.

Originally from France, Josiane recently moved to Chapel Hill and set up a private healing practice. She is currently doing energy work with several doctors in the Triangle Area and Greensboro

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Josianne D'Hoop
Thursday, Feb. 3
Meditation - 6:30
Lecture - 7:15 p.m.

Lecture Information

Lectures and meditations are held on the first Thursday of every month at the Unitarian Universalist Fellowship at 3313 Wade Avenue, Raleigh, NC. There is a \$5 suggested love offering.

Meditations begin at 6:30 p.m. To respect the special energy created during meditations, we ask for your consideration in arriving on time.

SFFI PROGRAMS 2000

- March - Suzanne Brown, *Feng Shui*
- April - Dr. and Mrs. Alan Whanger,
The Shroud of Turin
- May - Page Bryant,
Spiritual Vortices of the Great Smokies
- June - Rachel Salley, *Platform Mediumship*
- August - Will Endres,
Wild Medicinal and Edible Plants
- September - Maria Tadd and Marilyn Penrod,
Crop Circles
- October - Rebecca Nagy, *Spirit In Business*
- November - TBA
- December - Tera Thomas, *Animal Communicator*

Suzanne Lewis Brown, our March speaker, is one of the world's top practitioners of the ancient Chinese science of Feng Shui.

Suzanne, a longtime member of the Raleigh SFF Board, spent three years in China learning from some of the great masters before establishing a practice here. She travels internationally teaching Feng Shui workshops.

Open House Reiki

2nd & 4th Weds. 7:30 pm. FREE. Curious and beginners encouraged to come and discover this healing energy. Classes and sessions available, too. 711 Kimbrough St., Raleigh (off Whitaker Mill Rd.). Vickie Penninger (919) 828-0876

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Numerology

If an intensification of any number indicates strong characteristics and usually strengths (as discussed in the November issue) then it is obvious that the absence of numbers reveals weaknesses or developmental needs. These missing numbers in the birth name can provide information about karmic lessons we must learn and may indicate experiences we have not perfected in past lifetimes.

The most common lesson in American birth name charts relates to the missing 8, the number associated with personal power and material satisfaction. Here in the United States our names are not prone to have many 8s; the letter H is fairly common but there are few qs and zs.

For everyone our attitude towards money is likely to play an important role in how we function in traditional society. Many people with the missing 8s in their birthnames may have chosen to reincarnate in this materialistic country because we need to deal effectively with money and power. In previous existences we have shown a lack of awareness of the practical necessities of life, including the need to earn and use money. This misunderstanding about the value of money may severely affect the ability to be independent.

People without 8s must use money appropriately to avoid unnecessary problems. This calls for developing skills related to organization and management of money. It also involves making practical judgments about finances and taking personal responsibility for meeting our monetary obligations.

Some people with the missing 8 have an overblown sense of privilege and power which must be curbed with some degree of humility and restraint. We may have been guilty of misusing our power and will have opportunities to rectify our abuses.

Whether we have 8s galore in our charts or none at all let's affirm a prosperous New Year and expect a miraculous Millennium!

Alexandra L. Lett
TRANSFORMATIONS
New phone number 919-777-9362
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SFF Spiritual Coach

By **Dr. Kathi Ann Middendorf**

Spiritually Based Personal and Profession Coach

Dear Spirit Coach,

I am part of a spiritual organization and am dismayed to find that the people in the group seem to have as many problems as everyone else, if not more.

Kay

Dear Kay,

Several thoughts come to mind as an answer to your question. First, I wonder how you got the idea that being spiritual removes you from human-level problems. An old saying is "before enlightenment, chop wood and carry water—after enlightenment, chop wood and carry water."

Second, think about the concept of the "wounded healer" Chiron in astrology. The wound prepares the healer to be compassionate toward others' woundedness. And, an interesting finding is that most often healers cannot heal themselves.

Third, as our most recent speaker at Raleigh SFFI quoted during his workshop, "religion is for people who fear going to hell, and spirituality is for people who have already been there."

Many people who are drawn to spirituality have come through childhoods and experiences that in some way wounded them. Most have done years of work on their lives with therapy, 12 step groups, self-help books and courses, etc. In coaching, the term used to describe them is "restoratives." They are in the process of restoring to their lives minimal levels of love, security, respect, honor, self-acceptance and self-love.

One thing that distinguishes people in spiritual groups from the general population is the willingness to work on their "stuff." There seems to be an acceptance that self-work can continue forever.

So, perhaps what you are seeing is a reflection of all of these factors. Becoming spiritual does not automatically remove all of our problems. I think that what it does, however, is change our view of problems from being a definition of who we are to being merely something we have in our lives—and that is a huge difference!

Dr. Kathi Ann Middendorf

(919) 785-3232 dr_kathi@msn.com

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Reiki Open House

Open house on first & third Wednesday evenings, 8:40 PM. Anyone welcome. Free. Mary Mooney, 5109 Holly Ridge Rd., Raleigh. (919) 420-0104

Unity Church of the Triangle

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Dial-A-Prayer 832-1020.

Office/Bookstore Hours:

10 am-4 pm Monday-Thursday

•Radio Program "New Dimensions in Spirit"

8 pm on Sundays AM620 WDNC

11:00 am Sunday Service

524 East Whitaker Mill Road in
Raleigh, between Glenwood Ave. and
Wake Forest Road. Nursery, Childrens
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Find us at: <http://www.ncneighbors.com/1169/>

Our Mission

At Spiritual Frontiers Fellowship Raleigh, our mission is to enhance the spiritual, mystical and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health and living.

Advertising in *Lightworks*

Ads (email or camera ready)

Business Card (3.5" x 2")	\$15
Vertical Card (2" x 3.5")	\$20
1/4-Page Ad (2.5" x 3.75")	\$25
1/3-Page Ad (3.25" x 7.5")	\$35
1/2-Page Ad (5" x 7.5")	\$50
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(Plus \$15 design/rekeying charge, if the ad needs to be retyped or designed).

For information on other sizes and inserts, please call Kim Kasdorf at 833-4188.

Announcements (email or disk)

Up to 50 words: \$15
Up to 100 words: \$20
(plus \$15 rekeying charge, if it needs to be retyped)

Deadline for the next issue is February 3.

Send your camera-ready ad or announcement and payment to
**Lightworks, 1803 Chapel Hill Rd.,
Durham, NC 27707** or email to:
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Spiritual Frontiers Fellowship International

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