

Spiritual Frontiers Fellowship International - Raleigh Chapter
presents

Your Hands Can Tell You ALL You Need to Know

April 2003

Lightworks

Issue 176

***YOUR hands tell YOUR unique story.
Learn how hand analysis and Feng Shui can be
used to promote mental, physical and financial
well-being.***

On April 3, Suzanne Lewis Brown, one of the world's foremost experts in Feng Shui, will be sharing her knowledge of the ancient science of hand analysis and how it can be used to improve your life. Suzanne spent more than three years in the Orient studying with several of the greatest present-day Feng Shui masters, and as part of that study she learned hand analysis.

In this lecture Suzanne will explore some basics on what our hands can reveal. For example, the left hand tells what talents, traits, and likely health issues we were born with this lifetime. The right hand shows what we've done so far with what we were given, along with mental and physical traumas, and personality strengths and weaknesses. Once this personal knowledge has been discovered, there are countless ways it can be used to improve your life!

Suzanne will also discuss what motivated people can do to assist their energy in today's stressful environment – an environment in which many people perceive themselves as having less time, less money, less leisure, and less positive ch'i overall. By combining the information gained from hand analysis with the basic laws of Feng Shui, you can make very positive changes in your life. As Suzanne says, 'You can rescue yourself, and your hands tell you HOW!'

Suzanne Lewis Brown is a former member of the local SFFI board and travels the world consulting with business and industry, as well as maintaining a private practice in Raleigh.



Suzanne Lewis Brown

Thursday, April 3, 2003

Doors Open - 6:45 p.m.

Meeting - 7:15 p.m.

Early Meditation - 6:30 p.m.

Saturday Workshop

Creating Abundance - Invest in Yourself

In this workshop Feng Shui master Suzanne Lewis Brown will address issues of abundance and prosperity using hand analysis and Feng Shui. Hand analysis is beneficial in showing one's strengths and weaknesses. This knowledge when combined with basic Feng Shui laws can be used to promote mental, physical and financial prosperity - *and usually at low to no cost.*

Discussions will be held on day-to-day practices you can incorporate into your life. She will offer Feng Shui tips and other

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Workshop Details

Date: Saturday, April 5, 2003

Time: 9:30 am – 4:30 pm

Location: Friends Meeting House,
Tower St., Raleigh

Cost: \$60 if paid by April 3
\$75 at the door

Information or Registration:

Teresa LaVoy, 336-599-3052 or
tlavoy@labyrinthsinNC.com

Scholarship information:

Available at Thu. meeting

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Raleigh Area Chapter
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Our Mission

At the Raleigh Chapter of Spiritual Frontiers Fellowship International, our mission is to enhance the spiritual, mystical and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health and living.

SFF Raleigh

When: First Thursday of each month (except July)

Where: Community United Church of Christ
814 Dixie Trail, Raleigh, NC 27607

Cost: \$5.00 for lecture, early meditation is free

Time: Early meditation - 6:30 pm, Lecture - 7:15 pm

Workshop - continued

tools for change which will result in positive steps, some small at first but quickly turning to giant leaps when practiced regularly. You'll receive simple, but effective tools you can begin using immediately to change your life.

You are worth the investment in yourself, to learn what amazing things YOU CAN REAP.

For a full description of the workshop, visit our website: www.spiritual-frontiers.com.

Meditation

We are excited to have Barnsley Brown, PhD, and Reiki Master, as our meditation leader in April. Barnsley has over a decade of experience in the healing arts and offers Reiki classes, individual healing sessions, intuitive counseling, past life regressions, Thought Field Therapy and stress management training. She is an ordained Interfaith Minister and is certified in Reiki, Healing Touch, kinesiology, Thought Field Therapy and more. She can be reached at Spirited Solutions, 919-967-1164, or spiritedsolutions@yahoo.com.

Come experience a healing, refreshing, and empowering meditation facilitated by Barnsley (with ample help from Spirit!) at 6:30 PM in the Vaughn Wing. **Please be on time for the early meditation.**

Calendar of Events

May 1, 2003 - **Susan Kaney**,

In the Company of Angels

May 3, 2003 - workshop with **Susan Kaney**

In the Company of Angels

June 6, 2003 - **Melen Thomas Benedict**

Photo Therapy and Quantum Biology

June 8, 2003 - workshop **Melen Thomas Benedict**

Light and Photo Therapy

August 7, 2003 - **Mary Jo Bulbrook**,

Stories from a Medical Intuitive

September 4, 2003 - **Carol Parrish**,

Shamballa Goes Inactive!

September 6, 2003 - workshop with **Carol Parrish**