

Spiritual Frontiers Fellowship International - Raleigh Chapter
presents

Living and Healing with Crystals

Crystals, gems and minerals have been prized for thousands of years for their healing properties.

Please join us as Marie Andersen-Whitehurst discusses the contemporary use of crystals for personal healing and growth.

For thousands of years shamans and healers have employed the energetic qualities of crystals to aid in and enhance the healing process. Today these same energetic qualities allow crystals to be used in many technologies, including watches, radios and computers. Quartz crystals are known amplifiers and have piezoelectric qualities (meaning an electric charge can be induced in them under pressure).

Crystals, gems and minerals possess subtle energy that affects humans on physical, emotional, mental and spiritual levels. In other words, crystals have an effect on our energy fields. It is this effect on our energetic fields that accounts for the healing qualities ascribed to many crystals. Every type of crystal has specific energetic properties that can be used to interact with our own energies.

There are many ways to use these gifts from God elixirs, jewelry, decorator pieces, pocket pieces, and healing tools, to name a few. Learn how to choose, care for and use these pieces of nature for your personal healing and growth. Learn the qualities associated with some of the most helpful crystals. And learn how crystals, gems and minerals can help you in day-to-day living and for your spiritual growth.

Marie Andersen-Whitehurst is a clinical social worker who uses traditional and non-traditional modalities to work with clients, interweaving spirituality and energy work with traditional practices. In addition to working as a psychotherapist at a mainstream psychiatric center, she owns a gem and mineral store in Greensboro. Marie was trained in crystal healing by Melody (author of seven books on the subject) and is one of 33 people trained by Melody to carry on her work in the United States. She also studied with Jane Ann Dow, who is well-known in the field of crystal healing. In addition, Marie is a hypnotherapist trained by Brian Weiss, MD to facilitate Past Life Regression and has had an ongoing weekly healing circle for 11 years.

Items will be for sale at the lecture and workshop.



**Marie
Andersen-
Whitehurst**

Thursday, August 5, 2004

Doors Open - 6:45 p.m.

Meeting - 7:15 p.m.

Early Meditation - 6:30 p.m.

Workshop *Introduction to Crystal Healing*

Date: Saturday, August 7, 2004

Time: 10:00 am – 5:00 pm

Location: Friends Meeting House
635 Tower St., Raleigh

Cost: \$125 (\$111 if paid by Aug. 5)

- Learn how to use crystals, gems and minerals in your healing practice and for personal applications
- Learn to make gem elixirs, open chakras, use a Faden crystal (a type of crystal with a gas line through it) and a laser
- Practice laying on of stones with laying on of hands
- Learn several meditations using the Faden crystal

The Thursday evening lecture will be in the **Community United Church of Christ** at the corner of Wade Ave. and Dixie Trail, Raleigh, NC
The Saturday workshop will be at the **Friends Meeting House**, 635 Tower St., Raleigh, NC

Spiritual Frontiers Fellowship International
Raleigh Area Chapter
P.O. Box 12773
Raleigh, NC 27605-2773

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Our Mission

At the Raleigh Chapter of Spiritual Frontiers Fellowship International, our mission is to enhance the spiritual, mystical and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health and living.

Audio Tapes

Most SFF programs are available on audio tape – a tape catalog is available at the Thursday lectures. To order, send \$10 for each copy with your mailing address to:
SFF Raleigh, PO Box 12773, Raleigh, NC 27605-2773.
Exceptions: The cost is \$15 for lengthier programs recorded on two tapes. Most Workshop recordings fit this category.

SFF Raleigh

When: First Thursday of each month (except July)

Where: Community United Church of Christ
814 Dixie Trail, Raleigh, NC 27607

Cost: \$5.00 for lecture, early meditation is free

Time: Early meditation - 6:30 pm, Lecture - 7:15 pm

Healing Sessions

Marie is available for healing sessions on Friday, August 6, doing either past life regression or energy work using crystals. Sessions are approximately an hour in length and are specially priced at \$88 (the usual price is \$125 for 1st visit and \$110 thereafter).

Contact Abbie Emory at 872-4409 to sign up for the workshop or a session.

Channeled Crystal Meditation

SFF Chairperson Diana Henderson will lead both the early meditation and the brief meditation before the speaker at the August 5 meeting. A Reiki Master/Teacher certified in DNA Activation and Therapeutic Breathwork, Diana has been leading meditations for many years and often incorporates guided visualization in her healing work.

The early meditation will be a channeled crystal meditation. A vital part of Diana's work centers on channeling, including channeled readings. Through channeled guidance from the Council of Light, Diana has been led to begin the Order of Archangel Michael. In addition to teaching meditation and Reiki, Diana offers workshops in Crystals and Healing Stones, Connecting with Angels, Energetic Clearing and Developing Intuitive Gifts. To find out more please contact Diana at <pulsarstar55@earthlink.net>, 919-552-0524 or www.dianahenderson.net.

The early meditation is held at 6:30 PM in the Vaughan Wing. Please be on time so as not to disturb the energy of the channeled meditation. Thank you!

Calendar of Events

September 2, 2004 - **SFF Psychic Fair Fundraiser**

October 7, 2004 - **Tim Bost,**

Financial Astrology

October 9, 2004 - **Tim Bost - workshop,**

Astrology to Enhance Your Personal Wealth

November 4, 2004 - **Rebecca Nagy,**

Co-Creating Abundance: Manifest Your Destiny

December 2, 2004 - **Mark Malachi,**

Light, Darkness and the Divine Mother