

Spiritual Frontiers Fellowship International - Raleigh Chapter
presents

Networking from the Heart

How to build a personal team of people to support your life, your dreams, your spiritual path and your business

Discover the deeper meaning of networking in this **focused, interactive presentation**. Martin Brossman truly understands the art and science of building a powerful network of mutually-supportive allies, and he will show you how networking from the heart will enhance your personal mission now and in the future!

Many people think of networking as merely handing out business cards and brochures. Yet, there is a greater dimension of connecting where we can create lasting benefit for all. Martin believes in building alliances and friendships that will support your whole life. Here, he helps you acquire the ability to identify the best people who will represent you well.

You can develop a connection with other business people who have clients who are similar to yours, facilitating referrals to one another. Simultaneously you can build your equally important personal network made up of people who keep you motivated (rather than just make you feel good).

Overall, this presentation will help you to create a dynamic, supportive, caring network structure while giving you valuable tips on developing your networking skills in a way that is natural—and beneficial—for you!

A trainer and personal coach specializing in communications, performance enhancement, conflict resolution, career path coaching and team effectiveness, Martin Brossman has been the director of **www.coachingsupport.com**, an organization committed to supporting people in living lives they love, since 1995. During his 20 years of professional experience, Martin has been a speaker and trainer for corporations, government agencies and medical centers including IBM, The Environmental Protection Agency, Duke Medical Center and the Granville County Health Department. In 2000 he was honored with the *N.C. Governor's Volunteer of the Year Award* for his contribution to Carolina Health & Humor Association. He is a certified Neuro-Linguistic Programming practitioner and Team Builder, a trained bodyworker and reflexologist, and holds a ranking belt in Aikido.

Martin's website and articles have garnered national interest, targeting such subjects as conflict management, men's issues, applying humor in everyday life and computers in society. His upcoming book, *Finding Our Fire: Enhancing Men's Connection to Heart, Passion and Strength*, an outgrowth of Martin's years of dedication to fostering deeper communication among men, will be published in Fall 2005.



**Martin
Brossman**

Thurs., May 5, 2005

Doors Open - 6:45 PM

Meeting - 7:15 PM

Early Meditation - 6:30 PM

The lecture will be in the **Unitarian Universalist Fellowship of Raleigh** located at 3313 Wade Ave. in Raleigh, NC
Find us online at: <http://www.spiritual-frontiers.com/>.

Spiritual Frontiers Fellowship International
Raleigh Area Chapter
P.O. Box 12773
Raleigh, NC 27605-2773

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Meditation Leader

This month's early meditation will be a sound meditation led by Denise Gregory. Over the past several years, Denise has been the custodian of a sacred gong that has been an integral part of her healing, meditation and shamanic journey work both for herself and group led practice. The gong has a wide range of over-and under-tones that bring depth and richness to meditation practice. By connecting with the group energy, Denise uncovers the sounds waiting to be heard, allowing what is needed for that moment to unfold. This month's gathering will explore the use of these tones to bring the mind and body to a place of clarity, rest and peace.

Denise Gregory is a journeyer and appreciative observer of the sacredness in the everyday occurrences of life. The early meditation begins at 6:30 PM. **Please arrive on time** to optimize the energetics of the group body.

The early meditation is held in the Ralph Waldo Emerson room of the Unitarian Universalist Fellowship of Raleigh. This is in the same building (Peace Hall) as the Clara Barton room, but the Emerson room is on the lower level. If coming from the front parking lot, go down the steps between the two buildings. There's an entry door on the right side of Peace Hall. Go in this door and down the hall, and the Ralph Waldo Emerson room is on the left at the end. If coming from the back parking lot, go up the steps between the main building, which houses the sanctuary in front and Fellowship Hall in the rear, and Peace Hall, the building to the left. Entry door will be on the left a short distance up the stairs.

Our Mission

At the Raleigh Chapter of Spiritual Frontiers Fellowship International, our mission is to enhance the spiritual, mystical and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health

Audio Tapes

Most SFF programs are available on audio tape – a tape catalog is available at the Thursday lectures. To order, Send \$10 for each copy with your mailing address to:

SFF Raleigh, PO Box 12773, Raleigh, NC 27605-2773.
Exceptions: The cost is \$15 for longer programs recorded on two tapes. Most Workshop recordings fit this category.

SFF Raleigh...New Location!!

When: First Thursday of each month (except July)
Where: Unitarian Universalist Fellowship of Raleigh
3313 Wade Ave, Raleigh, NC 27607
Cost: \$5.00 for lecture, early meditation is free
Time: Early meditation - 6:30 pm, Lecture - 7:15 pm

Calendar

June 2, 2005 - **Eddie Conner**
The Art of BUT-Free Living
August 4, 2005 - **Psychic and Healing Fair**
Don't miss the fun!
September 1, 2005 - **Diana Henderson**
Archangel Michael