

Spiritual Frontiers Fellowship International - Raleigh Chapter

presents

Ego ~ Good Guy, Bad Guy *A Study in Consciousness*

"I have to get rid of my ego. It is creating so many problems and my life is a mess. It is the source of all of my difficulties. I have tried everything but it still is causing me problems. What do I do?"

Does this sound familiar? Is your ego the troublemaker in your life? The part that propels you positively forward? Neither? Both?

Lawrence J. Harris will show you how your ego, soul, and spirit relate in your everyday thought processes, core issues, limitations, and happiness, as he explains his perception of how our levels of consciousness work with the dimensional aspects of our being.

Larry studied many metaphysical teachings trying to learn how to get rid of his ego—thinking that was the way to improve his life—and nothing worked. He discovered that the ego relates to our third dimensional selves—the physical body, the conscious mind—and that the soul's path is not part of third dimensional reality. The higher dimensional parts of us—our higher selves—are here to learn and heal. If we are to heal the soul, we must know how to access the dimensional planes where it exists and discover what is holding us back from ascension. Where do we go to heal dimensionally? We are energy beings; given the current changes in planetary energy, we need new information and techniques to move through it to ascend.

Our third dimensional selves account for only about 15 to 20 percent of our totality. For your soul to ascend, you must understand its dimensional position and how it expresses itself—which is not through the conscious mind and its third dimensional reality. Understanding the workings of both your conscious and unconscious minds helps you express your truth and bring more love and happiness into your life. How, then, do we become aware of and work with this other 80 to 85 percent?

Larry Harris was a successful financial consultant, commercial real estate broker, mortgage banker, Certified Public Accountant, and investment consultant when he began having dreams and visions of healing techniques that produced amazing results when he tried them on himself. He felt a call to do healing and teaching full time but resisted leaving his business career. Then his business failed, and long-standing partnerships dissolved, but the information on energy healing kept coming with even more intensity. When he finally began to do the spiritual energy work, his life turned around and became filled with speaking engagements, energy classes, clients, and healing work. Based in Pompano Beach, Florida, Larry now travels widely throughout the United States to share his work.

He believes he is a Soul extension (reincarnation) of Ascended Master Serapis Bey of the Ancient Egyptian Healing Mystery School. He has developed Transformational Energy Release™ (TER™), a powerful vibrational healing and ascension technique—a modern version of Bey's technologies, which have been absent from this planet for 3000 years. TER helps individuals on their spiritual paths to clear massive levels of density quickly and easily as part of the ascension process. This work is multidimensional and can support physical, emotional, mental, soul, and spirit level healing. Learn more about Larry and his work at his website, transformationalenergy.net.

In his talk, Larry will describe our dimensional aspects; how our consciousness works; how our soul, spirit, and ego express themselves; and options for healing and growth. He also delves into where the major challenges to ascension lie. Come to see a different way of looking at consciousness and discover if your ego is a Good Guy or a Bad Guy.



Lawrence J. Harris

Thursday, Feb. 1, 2007

**Unitarian Universalist Fellowship
of Raleigh
3313 Wade Avenue, Raleigh, NC**

**Admission: \$10; \$8 seniors &
students**

Doors Open - 6:45 PM

Meeting - 7:15 PM

Early Meditation - 6:30 PM (free)

SFF meets on the first Thursday of every month except July
Visit us online at www.spiritual-frontiers.com

Spiritual Frontiers Fellowship International
Raleigh Area Chapter
P.O. Box 12773
Raleigh, NC 27605-2773

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Dated Material

Lawrence J. Harris
“Ego~Good Guy, Bad Guy”
Plus Workshop &
Private Sessions

www.spiritual-frontiers.com

SFF Board

Chairperson:	April Rooker <i>SFFRaleighChairman@yahoo.com</i>	465-1410
Events:	Tammy May <i>SFFRaleighEC@yahoo.com</i>	414-0140
Programs:	Rachel Rowlson <i>MrsKalel@gmail.com</i>	678-0461
Meditations:	Suzette Faith Foster <i>Suzette@SuzetteFoster.com</i>	460-0543
Public Relations:	Tammy May <i>SFFRaleighEC@yahoo.com</i>	414-0140
Resources:	Staysee Yod Teague <i>Fool.Circle@Gmail.com</i>	616-3885
Secretary:	Marsha Tai <i>MarshaDT@mindspring.com</i>	676-8975
Treasurer:	Alice Hough <i>SFFRaleighTreasurer@yahoo.com</i>	859-0067
Webmaster:	Kim Kasdorf <i>SFFRaleighWebmaster@yahoo.com</i>	932-4611
Co-Writer:	Amy Simpson <i>SFFRaleighEditor@gmail.com</i>	831-9318
Co-Writer:	Staysee Yod Teague <i>Fool.Circle@Gmail.com</i>	616-3885

Our Mission

At the Raleigh Chapter of Spiritual Frontiers Fellowship International, our mission is to enhance the spiritual, mystical, and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health and living.

Within the scope of our mission, we choose speakers who offer a variety of views and philosophies, but SFF does not endorse any speakers' statements or beliefs. You are invited to come with an open mind and depart with all that feels true for you.

Audio Recordings

Recordings of most SFF programs are available; a catalog is available at the Thursday lectures. To order, send \$10 for each copy on MP3 CD, \$15 for standard audio CD (2 disks) to:

SFF Raleigh, PO Box 12773, Raleigh, NC 27605-2773

Please indicate your preferred format and include your mailing address.

Also from Lawrence Harris

Workshop:

The Secrets of Releasing Anger Forever

Learn energy hygiene tools for grounding, centering, space clearing, love, protection from negativity, and understanding anger—how to locate it in your body and release it forever.

Saturday February 3, 10 a.m. - 2 p.m. (with a brief snack break); CUCC, 814 Dixie Trail; \$45 in advance; \$50 at the door.

Private sessions:

Bio-energetic clearing and healing through Transformational Energy Release™ (TER™), a multidimensional, vibrational healing and ascension process with roots in the Serapis Bey Ancient Egyptian Healing Mystery School.

Saturday February 3, 3-6 p.m.; & Sunday February 4, 1-6 p.m.; Whole Life Center, 1209 Ridge Rd.; \$50 per half-hour.

Angel Door Prize: One of Larry's CDs.

CDs also available for sale at the lecture and workshop.

Early Meditation

Come early for the Healing Meditation and experience an opportunity to get centered and release stress. Deepen your understanding of the body as energy and allow the wonderful world of sound to open up the innate healing capacity of your body-mind-spirit. **Suzette Faith Foster**—a gifted energetic and sound healer, apiritual medium, life coach, and mentor—will guide you directly into higher vibrational fields using sound and toning. Science recognizes the value of sound vibrations in balancing and healing the body. Allow sound healing to help you release both physical pain and emotional blocks. Learn more about Suzette and her work at her website, **www.choose2thrive.com**, or by emailing her at **suzette@choose2thrive.com**

The Healing Meditation begins at 6:30 p.m. in the Ralph Waldo Emerson room. **Please arrive on time** to optimize the energies of the group.

Upcoming Events

March 1, 2007 – **Jeff Cooper**

The Shaman Secret

April 5, 2007 – **Larry Burk, MD**

Success and Abundance with EFT

May 3, 2007 – **Psychic Fair**