

Spiritual Frontiers Fellowship
presents

Journey Through the Light and Back

“The human soul, the human matrix that we all make together is absolutely fantastic, elegant, exotic, everything... I did not know how beautiful we are. At any level, high or low, in whatever shape you are in, you are the most beautiful creation... [T]o be the human part of God... this is the most fantastic blessing... Each and every one of us... is a blessing to the planet....”

This is just a hint of the many revelations that came to **Mellen-Thomas Benedict** during his at-least-90-minute near death experience. It is one of the most studied near-death cases in the world, and he has taken part in more research and think tanks than any other near-death experiencer. In a presentation based on his book *Journey Through the Light and Back*, Mellen-Thomas will tell the story of his near death experience and some of what he learned, share his insights about the true nature of the NDE, and describe its implications for all mankind and our future.

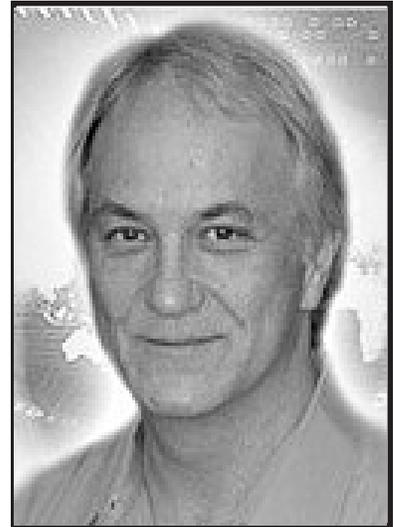
After living a life of negativity and cynicism; despondent over nuclear weapons, ecological damage, toxic waste, overpopulation, and other man-made problems; and believing that humanity was a mistake of nature and a cancer on the planet, Mellen-Thomas was diagnosed in 1981 with inoperable, terminal brain cancer. He died in hospice care in 1982, but not before studying up on religion, philosophy, and spirituality—just in case there was “something on the other side,” he didn’t want any surprises. When he first left his body, he realized he was having a near death experience similar to those he had read about; but when it came time to “go to the light,” he stopped and began to ask questions. In the course of his NDE adventure, all his wide-ranging questions were answered and his cosmic-travel requests were granted before he returned to his body. In his book *Life after Death*, Deepak Chopra called him the “encyclopedia of the after-life.”

He returned with a sense of hope and a passion for life, along with continued access to universal intelligence, and with no trace of the cancer that had killed him.. An artist and writer before his death, Mellen-Thomas has devoted himself to scientific research projects since then. The knowledge he gained about light properties, quantum biology, and fractal geometry has enabled him be a bridge between science and spirit; he has participated in research programs on life after death experiences and has developed new technologies for health and wellness.

His talk will touch on cosmic questions:

- **Where did we come from?** The sacred nature of biology and the revelation of Gaia.
- **Why are we here?** The greatest gift; the star seed of Gaia.
- **Where are we going?** The future of mankind; the beauty of it all; nothing has been lost and everything is gained.
- **Is there life after death?** What if we have already been alive forever?

Mellen-Thomas had a roving childhood with a military stepfather, after which his family settled in Fayetteville. Now he lives and works in Aptos, California (on Monterey Bay). He has a second book coming out, *Hitchhiker’s Guide to the Other Side (Or What to Do if You Wake up Dead)*—a joyful handbook on preparing for transition. Read more about him and his NDE at www.Mellen-Thomas.com; there are links to a series of fascinating radio interviews also.



Mellen-Thomas Benedict

Thursday, November 5, 2009

11101 Creedmoor Rd., Raleigh, NC

Admission: \$10;

\$8 seniors & students

Doors Open - 6:45 PM

Meeting - 7:15 PM

Private sessions with Mellen:

60-minute sessions in two parts: First, a 30-minute intuitive session, based on your needs, that may involve psychic reading, palmistry, tarot, or energy work; second, a treatment using *StarClear*, a unique light technology Mellen-Thomas developed, for chakra system balancing and whole body energizing. In a graceful and gentle way, this light work clears negative emotional charges in the atomic, cellular, and auric bodies all at the same time.

Friday, Saturday, & Sunday November 6 – 8;
\$125 per session; Peace Tree Village, 609 St. Mary’s Street, Raleigh.