

Spiritual Frontiers Fellowship International - Raleigh Chapter  
*presents*

# The Sweet Medicine Sundance Path of the Twisted Hairs and Deer Tribe

*For millennia, the seers, shamans, and medicine teachers of Turtle Island (South, Central and North America) have gathered together to share Sacred Knowledge.* More than seven hundred years ago they were drawn to Oaxaca, Mexico in response to a common vision of the coming Dark Times for this hemisphere. They created a plan for identifying, collecting and preserving Sacred Knowledge wherever it existed amongst the tribes. In 1972, the Elders responsible for the safekeeping of these Teachings gleaned from many cultures again experienced a shared vision. As a result they mandated the disciplined release of portions of these Teachings to non full-bloods.

Thursday evening February 5<sup>th</sup> features Michael Star Mountain Stein talking about the History and Lineage of this Path of Shamanic knowledge from Turtle Island; its face in the contemporary world (the Deer Tribe Metis Medicine Society); and its Founder and Spiritual Elder, Thunder Strikes.

He will also explain:

- The nature of shamanism,
- How these Teachings provide a Path to Enlightenment,
- How to create alignment between Humans and the basic Elemental Energies.

Michael Star Mountain first met these Teachings 15 years ago and formally began his apprenticeship 8 years ago. Within this Path he is a 4th Gateway Apprentice, "B" level Teacher, a graduate of the 3-year Red Lodge and 3-year Bravo White Lodge Longhouse programs, and a Teaching Assistant at the Institute for Contemporary Shamanic Studies in Toronto, Canada. He offers monthly Study Group gatherings in Chapel Hill and in Atlantic Beach, NC, and Ceremonies for the Solstices and Equinoxes.

Michael consciously began his spiritual journey in 1973 when he became a meditator on the Knowledge of Maharaj Ji. In 1983 he began training in Neuro-Linguistic Programming (NLP) and worked with some of the masters in the field and their mentors - Richard Bandler, James Tolchord, Paul Carter, Virginia Satir, and Bill O'Hanlon. In 1984 he met Scout Lee, a Seminole mixed-blood, who was Michael's first exposure to Native American Spirituality. In the late 1980's he studied with a Lakota full-blood, Basil Braveheart, which culminated in 1991 with his first Vision Quest and as support staff for the Braveheart Family Sundance.

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## Michael Stein

**Thursday, February 5, 2004**

Doors Open - 6:45 p.m.

Meeting - 7:15 p.m.

Early Meditation - 6:30 p.m.

### Workshop

#### Basic Teachings of the Sweet Medicine Sundance Path of the Twisted Hairs

**Date:** Saturday, Feb. 7, 2004

**Time:** 9:30 am – 5:30 pm

**Location:** Friends Meeting House  
635 Tower St., Raleigh

**Cost:** \$110 (\$100 if paid by Feb. 5)

Saturday's workshop will explore some of the Foundational Knowledge of this Path.

You will learn:

- the Powers of the Directions
- the Worlds of Grandmother Earth
- A Shamanic view of the Human Energy Field
- Michael Star Mountain will show how these aspects influence our daily lives as Sacred Humans

The Thursday evening lecture will be in the Community United Church of Christ, at the corner of Wade Ave. and Dixie Trail, Raleigh, NC

The Saturday workshop will be at the Friends Meeting House, 635 Tower St., Raleigh, NC

**Spiritual Frontiers Fellowship International**  
Raleigh Area Chapter  
P.O. Box 12773  
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## Our Mission

At the Raleigh Chapter of Spiritual Frontiers Fellowship International, our mission is to enhance the spiritual, mystical and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health and living.

### SFF Raleigh

*When:* First Thursday of each month (except July)

*Where:* Community United Church of Christ  
814 Dixie Trail, Raleigh, NC 27607

*Cost:* \$5.00 for lecture, early meditation is free

*Time:* Early meditation - 6:30 pm, Lecture - 7:15 pm

## Michael Stein, cont.

Michael is a Certified Trainer of NLP, an Ericksonian style hypnotist and a master storyteller. For the past 20 years he's been facilitating team-building programs for corporations and organizations, and coaches individuals and groups. When not on the road teaching, studying, or engaged in Ceremony, Michael lives in Chapel Hill and Atlantic Beach.

## Meditation Leader

Reiki Master Rusty Hayes will lead the meditations at the February 5 SFF meeting. Because February is associated with thoughts and feelings of love, the early meditation will be aimed towards opening our heart centers. We will be doing some breathing exercises, visualization, and toning.

Rusty is a healing facilitator and intuitive counselor. His personal practices include Reiki, Reconnective® Healing, The Reconnection®, Emotional Freedom technique, Emotrance and Bellydance. We look forward to his wondrous energy!

The early meditation is held in the Vaughan Wing from 6:30 to 7 PM. Please be on time.

## Calendar of Events

March 4, 2004 - **Dee Jackson Shell**,  
*The Fool's Journey Through the Tarot*

April 1, 2004 - **Jeannie Montague**,  
*Sacred Geometry & Sacred Sound*

May 6, 2004 - **Ron Scarbrough**,  
*Platform Mediumship and Psychic Detective Work*

June 2, 2004 - **Donna Gulick**,  
*The Energy Culture of Integral Spirituality*