

Spiritual Frontiers Fellowship International - Raleigh Chapter
presents

Gathering of the Species:
Transcend Barriers & Connect to All That Is

It is time for us to get off the top of the totem pole and recognize all life forms as manifestations of Spirit.

We humans do such a good job of being human that often we forget our spirituality and connection with other species and other forms of life. We busy ourselves with third dimensional activities, sometimes making us numb to the spiritual resources right before us.

It is time for us to get off the top of the totem pole and recognize all other life forms as manifestations of Spirit. We must return to the rhythm of the universe that flows through all creation. When we journey to the heart of creation, we experience unsurpassed joy. In that sacred space, we transcend all barriers and can communicate with all beings. We can then heal ourselves, our planet and all inhabitants.

Other species have been patient. They wait for us to recognize them as resources for our own awareness. They are willing to partner with us for the evolvement of all creation. As we move beyond the illusion of separateness, we transform our reality and create a world of Oneness with all beings.

In this seminar you will transcend perceived barriers between species and allow them to help you in your personal life. Understand and partner with animal spirit guides as you return to the sacred heart of All That Is.

Journey with Mary Lemons to the Gathering of the Species, where many wonders await you. As a group of willing humans, we will honor non-human species, thanking them for partnering with us in our earthly journey.

Mary Lemons is founder of Inner Awakenings, a holistic healing practice for all species. A certified Healing Touch Practitioner, Reiki Master and Professional Animal Communicator, Mary is trained in numerous healing modalities that complement traditional medical and veterinary care.

Mary is author of *Animal Talk*, a column in the periodical *Art of Well Being* and also author of two meditation CDs: *Self-Healing Chakra Balance Meditation* and *Communing with Animal Spirit Guides*. She recently taped a series of Animal Communication shows for Pathways that airs on Charlotte public access TV.

Mary is co-owner of LL Quarter Horse Farm located at the foothills of the Uwharrie Mountains, the oldest mountain range in North America. Her home and farm in Albemarle, NC, offer you safe haven and respite. Her personal or long distance private consultations are equally effective. Mary's ability to see beyond your third dimensional being takes you on a transformational journey into the depths of your being.



Mary Lemons

Thurs., December 1, 2005

Unitarian Universalist
Fellowship of Raleigh
3313 Wade Avenue, Raleigh

Admission: \$10
Doors Open - 6:45 PM
Meeting - 7:15 PM
Early Meditation - 6:30 PM (free)

Sessions with Mary

Mary will be available for private sessions on Friday, December 2 at the Whole Life Center, 1209 Ridge Rd.

Mary offers two types of sessions:

Spiritual Healing Sessions

'My spiritual healing sessions have many possibilities depending upon your interest and need. I attune to your higher self and receive insight into the issues affecting your physical, mental, emotional and spiritual health. My intuitive messages help you understand your life experiences, heal your past, fully accept your present, and positively affect your future.'

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Find us online at: <http://www.spiritual-frontiers.com/>.

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Raleigh Area Chapter
P.O. Box 12773
Raleigh, NC 27605-2773

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Writer	

Our Mission

At the Raleigh Chapter of Spiritual Frontiers Fellowship International, our mission is to enhance the spiritual, mystical and metaphysical awareness and consciousness of our community by sponsoring programs that facilitate personal growth and development and a holistic approach to health and living.

Audio Tapes

Most SFF programs are available on audio tape – a tape catalog is available at the Thursday lectures. To order, Send \$10 for each copy with your mailing address to:
SFF Raleigh, PO Box 12773, Raleigh, NC 27605-2773.
Exceptions: The cost is \$15 for longer programs recorded on two tapes. Most Workshop recordings fit this category.

SFF Raleigh

When: First Thursday of each month (except July)
Where: Unitarian Universalist Fellowship of Raleigh
3313 Wade Ave, Raleigh, NC 27607
Cost: \$10.00 for lecture, early meditation is free
Time: Early meditation - 6:30 pm, Lecture - 7:15 pm

Sessions with Mary, cont.

Intuitive Animal Readings

‘In my intuitive animal readings I connect you with the higher self of your animal and you learn from each other. It is not necessary for me to be in your animal’s physical presence in order to connect with him. Neither do I need a picture of your animal. Since I connect with you and your animal spiritually, we move beyond third dimensional aspects.’

For complete session details, please visit our website www.spiritual-frontiers.com.

The cost is \$95 for one hour. To reserve a session with Mary, please contact Susan Johnston at 919-755-0302, or <kerrensdtr@hotmail.com>.

Want to be an angel?

SFF-Raleigh is looking for a few angels. Are you one of them?

We need an angel or two to set up, serve and clean up refreshments each month. We also need an angel to help set up and tear down the chairs and tables each month.

For more information, contact Alice Hough at 859-0067 or <SFFChair@yahoo.com>.

Healing Meditation

Come early for the Healing Meditation and experience an opportunity to get centered and release stress. For information about the guest meditation leader, please check our website www.spiritual-frontiers.com.

The Healing Meditation begins at 6:30 pm in the Ralph Waldo Emerson room. **Please arrive on time** to optimize the energies of the group.

Calendar of Events

January 5, 2006 - **Kelly Lee Phipps**
Astrological Forecast for 2006